What am I communicating to you?

At this time

When standing or walking

When this happens

Doris throws her arm into the air and holds it rigidly above her head We think it means

Doris feels fearful and anxious

She wants to feel safe

We need to do this

Approach Doris and give her a hug.

Tell her she's home and she's safe.

What do we need to do next?