



Your Team 15 for today is the matching support tool. Getting a good match between those people who use services and those people who provide the services is essential. Different people need different support, not only what's necessary to keep them healthy and safe, but also in terms of what's important to them and what works well for their personality. Being supported by somebody who has the right skills and characteristics can really improve the quality of that person's life.

The matching support tool is a really simple way of matching those people who need services with those people who provide them. The tool identifies, firstly, the support wanted and needed : the areas or activities that somebody might need support, or they might want support, to do. Then we identify skills that are wanted and needed: what skills does the person providing support need to have in order to keep the person they're supporting healthy and safe? Then we would look at personality : what are the characteristics, the personal qualities, of somebody providing support, that means they're really going to get on well with the person that they're supporting? And finally, you would look at shared common interests – so, what are the things that the person who's supporting and the person themselves that both of them get really excited about, that they can share a passion for and a mutual interest?

You're going to be looking at an activity that will help you to practice completing a matching support tool.