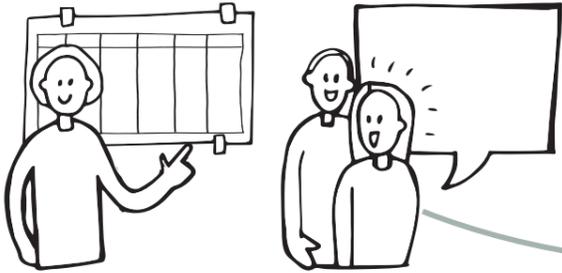
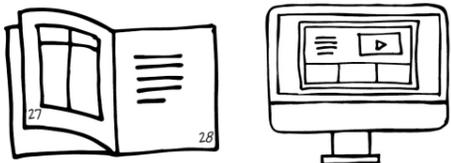


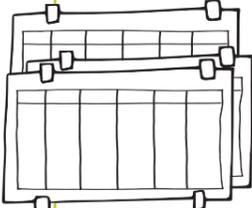


## TEAM 15 • DECISION-MAKING PROFILE

### AGENDA ITEM

TIME	WHAT	WHO	OUTCOME	PLEASE COME PREPARED
 15 minutes	 Practicing decision-making profile- how well do you know your person-centred thinking tools?	 Your name	 We have practiced completing the decision-making profile tool.	 Read pages 27 and 28 in the 'Key Points and Top Tips booklet'.

### TEAM 15 SESSION PLAN - PRACTICING

HOW LONG	ACTIVITY	HOW TO DO IT	WHAT TO SAY
<b>1</b> Minute	Practising decision-making profile. 	Introduce decision-making profile and how you use it by showing film clip or using the script. 	 <p>I know that you may already be familiar with decision-making profiles. The decision-making profile is one of two decision making tools. These tools decision-making profile and agreement help us to understand how much power choice and control someone has over decisions in their life.</p> <p><i>See separate script for what to say.</i></p> 
<b>13</b> Minutes	How do we use the decision-making profile? 	 Before the session print out blank decision-making profiles for each participant.  Give everyone a blank template and ask them to complete it (5 mins).  Ask the team to pair up and share their profile with their partner (5 mins). Gather feedback from the group (3 mins).	 <p>Now we're going to try out the decision-making profile. Think of a decision you've had to make recently for example signing a tenancy agreement, making a big purchase, deciding to change jobs that was a tricky one for you to make. Think about how you needed to get the information, ways that helped you understand the information better, did you talk to someone and ask questions, did you research on the internet, did you write down lists of pros and cons? Also think about the time that it's best or bad for you to make a decision remember that this could be your state of mind too not just a chronological time. The choices column is also an interesting one to think about. Given a choice do you comply with what others want, do you say 'no' first and then think about it? Spend some time now reflecting on your own experiences of making a decision and complete the tool.</p>  <p>Now pair up with the person next to you. Share your profile with them and then think together about what your profiles tell you about how to support each other well at work.</p>  <p>We are going to finish off by going round the group and each tell me something you've learned about supporting each other through using the profile.</p> 
<b>1</b> Minute	Key points. 	Summarise the key learning point about decision-making profiles. 	<div style="border: 2px solid black; padding: 10px;"> <p>The decision-making profile is invaluable in supporting people to make decisions and have therefore more choice and control over their lives. This is fundamental when thinking about consent and capacity.</p> </div>

## WHAT TO SAY

I know that you may already be familiar with decision-making profiles. The decision-making profile is one of two decision making tools. These tools decision-making profile and agreement help us to understand how much power choice and control someone has over decisions in their life. The decision-making profile creates a clear picture about how a person makes a decision and how they want to be supported in decision making. It describes how to provide information in a way that makes sense to that person, this could be how they want you to structure your language, if they want written words, symbols or pictures or perhaps an audio format.

When you are completing a decision-making profile with a person look at their one-page profile and communication chart. See what these tell you about the best times and ways to support the person to make a decision. Talk to the person and those they know well to check this information with them and add to it. It might help to think about a decision the person has had to make in the past and then think about what worked and what did not work for them about how they were supported.

Remember to think about how a person makes decisions if they are stressed or unwell. It's far better to have thought of this ahead of time than in the moment. Reflecting on what we have learned from previous experience for that person using a 4 plus 1 can be really helpful.

