
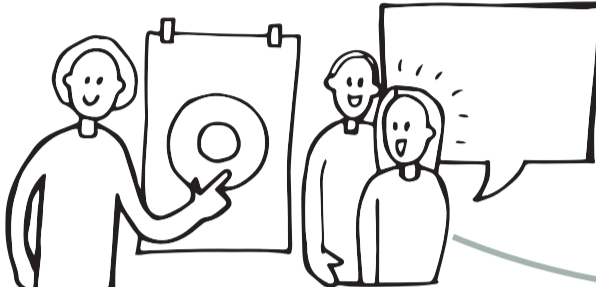


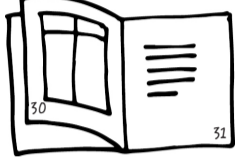



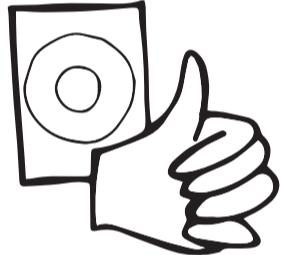


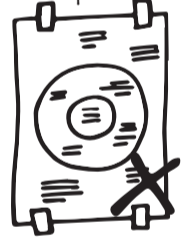

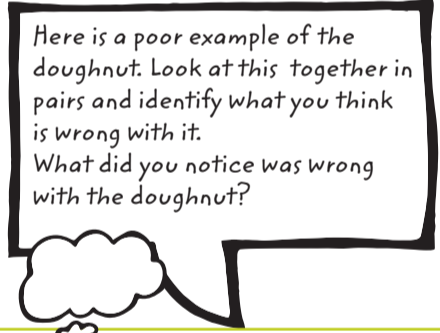

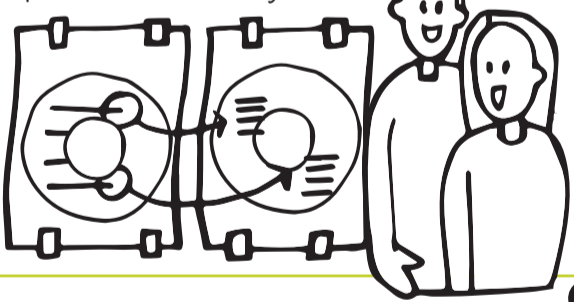

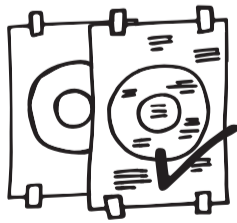

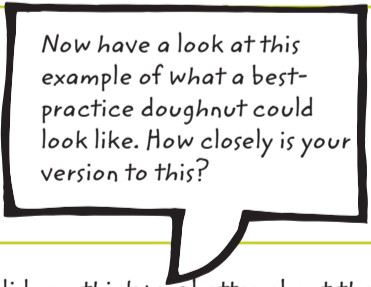


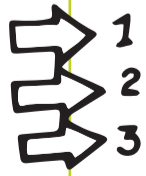


TEAM 15 • DOUGHNUT

AGENDA ITEM

TIME	WHAT	WHO	OUTCOME	PLEASE COME PREPARED
 15 minutes	 Understanding the doughnut - how well do you know your person-centred thinking tools?	 Your name	 We are all clear about how a best-practice doughnut should be written.	  Read page 30 and 31 'Key points or top tips book' or re-look at the doughnut module on your e-learning.

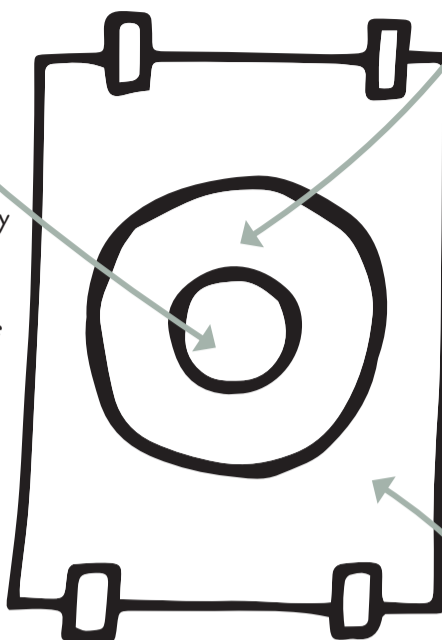
TEAM 15 SESSION PLAN - CHECKING UNDERSTANDING

HOW LONG	ACTIVITY	HOW TO DO IT	WHAT TO SAY
1 Minutes	Understanding the doughnut. 	 Introduce by showing film clip or using the script. Have flip chart paper and pens.	 We know that you already know how to develop a doughnut. We are going to take this opportunity in our meeting to explore our understanding of what a best practice doughnut looks like.
5 Minutes	Identify is wrong with the poor example. 	 Pair people up. In twos look at poor doughnut and identify what is wrong with it. Invite brief feedback from the group.	 Here is a poor example of the doughnut. Look at this together in pairs and identify what you think is wrong with it. What did you notice was wrong with the doughnut?
5 Minutes	How could it be made better? 	In pairs re-write the doughnut. 	 How do you think this could be made better and how would you re-write it? Make a start on re-writing something from each section.
3 Minutes	Compare with the good one. 	In pairs look at best - practice doughnut and compare to their re-written one. 	 Now have a look at this example of what a best-practice doughnut could look like. How closely is your version to this?
1 Minutes	Key message. 	 Three points to get across to the team.	 What did you think was better about the best practice doughnut? You said (summarise comments) 1 It is detailed enough that we are clear about expectations 2 It is specific and measurable 3 It is clear about where we can experiment and learn

DOUGHNUT FOR PROVIDING SUPERVISION - GOOD ✓

Core Responsibilities

- To ensure you both understand the purpose of your supervision.
- To agree the ground rules together including confidentiality.
- To ensure that supervision happens - that you have quality time to sit down together and you are both clear about what is meant by quality time.
- To ensure that if supervision has to be cancelled that the new date is agreed at that time.
- To co-create the agenda together and prioritise what needs to be discussed.
- To deal honestly with issues that need to be dealt with. To give feedback that is honest, helpful, specific and includes recent examples.
- To relate feedback to behaviour that can be changed and that is descriptive and non-judgemental.
- To remember the balance between what is positive and those things that need more work.
- To offer ideas about alternative ways of working when appropriate.
- To produce a record of actions and decisions that are agreed by both.



Creativity and Judgement

- Where to hold the meeting to ensure maximum privacy and productive thinking.
- Whether some items for the agenda can be set prior to the meeting giving each person time to consider their own perspectives.
- How to record the purpose and ground rules of supervision together.
- How to record the supervision and agree on future actions.
- How you find out what works for that person when receiving feedback.
- When and how to seek advice and guidance if an issue can't be resolved.

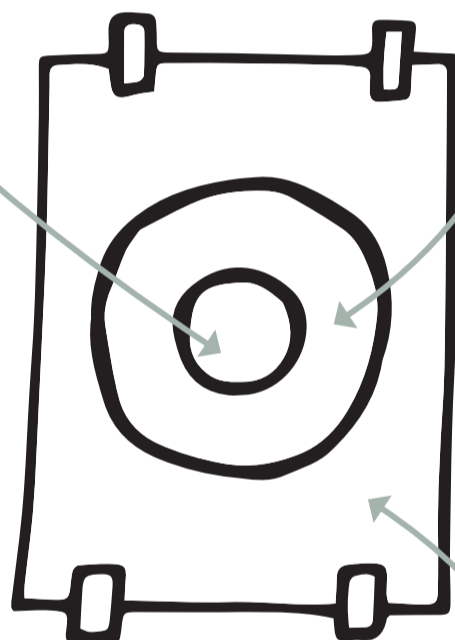
Not our responsibility

- To know how to solve every problem or have all of the answers.

DOUGHNUT FOR PROVIDING SUPERVISION - BAD ✗

Core Responsibilities

- Purpose.
- Confidentiality.
- Agree dates.
- Have an agenda.
- Give feedback.
- Give advice when needed.
- Recording.



Creativity and Judgement

- Venue.
- Preparation.
- Recording.
- Giving the supervisee feedback.
- Signposting and asking for advice.

Not our responsibility

- Knowing everything