




## TITLE: Presence to Contribution

**SUBTITLE:** Empowering Choices: Mapping for Meaningful Contribution

**SUGGESTED TIME:** 45 minutes

**MATERIALS NEEDED:** Activity packet for each team member, print one Presence to Contribution template for each group, pens, blank paper or large post-it paper

LENGTH	TITLE	ACTIVITY	WHAT YOU CAN SAY
2 min	<p><b>Welcome</b></p> 	<p>Connecting your team to the purpose of today's video</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>Gather your team around a screen so they can see and hear the video.</li> <li>Print the activity packet for each team member.</li> </ul>	<p>"Last time we met, we watched the video on Community Mapping. While mapping the neighborhood and identifying places we can start to explore with those we support, we know we can't stop with just getting them to a place. This video is going to introduce us to a skill that will supports us, in creating a plan on how to support people from moving from being present to a contributing member. This will also give us an opportunity to identify what we can do to support the person in making it happen."</p>
5 min		<p><b>Play Video</b></p> 	
10 min	<p><b>Partner Activity</b></p> 	<p>Identify the differences (physically and emotionally) when we are present vs when we have membership.</p> <p><b>HOW TO DO IT:</b></p> <ul style="list-style-type: none"> <li>Pause the video at <b>5 min 15 seconds</b></li> <li>Partner your team into pairs, each person to answer the questions on page <b>page 4</b></li> <li>Identify commonalities of what membership feels like.</li> <li><b>Options</b> - You can do this in partners to create more intentional conversations. OR you can have your team reflect individually for 5 minutes and then sharing as a team.</li> </ul>	<p>"Let's take a moment to get into partners, so we can discuss this questions further. With your partners have a discussion, both answering the three questions on page 4.</p> <p><b>After 6 Minute</b></p> <p>"I'm curious within your conversations, did you notice any commonalties? What made you feel like you were a contributing member?"</p> <p><b>Enlist responses from your team</b></p> <p>Its important for us to recognize that in order for the people we support to have those same feelings, this is going to take time, consistency, and possibly a little guidance on how to become a member. This isn't something that will happen over night, but we can help them identify what they can to get there. Let's watch the rest of the video to see what skill we can use to help."</p>

6  
min

## Play Video



### Group Activity



20  
min

Practice creating a Presence to Contribution, identifying what it looks like to be a contributing member and the supports needed for the person to be successful.

#### HOW TO DO IT:

- Pause Video at **15 min and 57 sec**
- Divide your teams into groups of 4 or 6 people.
- Have each table identify a person they support and one place the person likes to go. Use that location to work through the activity on **page 7**.

"Let's first group into teams of 4 to 6. At your tables identify one person that all of you know. Once you have chosen that person, I want you to think about all the places they like to go or places they ask to go. Choose one place. Work with your groups to identify what it looks like to:

Be Present, to have presence, to actively participate, to connect, and contribute. You can use the example on page 6 if needed.

Once you have identified what it looks like, start identify what we can do to support that person."

#### After 15 minutes

Once done, please have each group share with the team.

Ask "What did you discover by doing this exercise? Was it easy, difficult?"

"These are often times things we over look or don't think about. If we can be intentional on what it looks like, we can continue to support people in moving from being present to contributing members in their communities."



- *If you would like to do this exercise as a group discussion, choose one person that your organization supports and identify a location they enjoy going. You can talk through each step together, capturing it on a blank template.*
- *You can also choose a location that all of you know, it does not have to be based on a person you support for the activity.*

2  
min

### What's Next



**SUGGESTED NEXT VIDEO:** HCBS Requirement #8