

# HCBS COMMUNITY OF PRACTICE

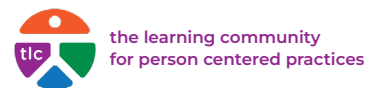


**SESSION TOPIC:** HCBS Requirement #8  
Creating Personal Schedules

## Acknowledgements

Thank you to all who share a commitment to building a community where everyone can thrive.

This HCBS Community of Practice is made possible by funding from the Department of Developmental Services and the collaboration of the following organizations.



Explore Community of Practice resources at [helensandersonassociates.com/hcbs-community-of-practice/](https://helensandersonassociates.com/hcbs-community-of-practice/)

# HCBS QUALITY REQUIREMENT #8: CREATING PERSONAL SCHEDULES

## What does Creating Personal Schedules mean?

The setting enables people to have the freedom and support to control their own schedules and activities and have access to food at any time.

### How are you doing?

- |                                                                                                                                                                                                                                                                     |                              |                             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------|
| Do people have access to food at any time?                                                                                                                                                                                                                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Does the home support people in creating their own daily schedules?                                                                                                                                                                                                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do people have full access to common areas in a home such as a kitchen, dining area, laundry, and comfortable seating in shared areas?                                                                                                                              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do people have access to public transportation, and where no public transportation is available, are other resources available to them by which to access the broader community to the same degree of access as individuals not receiving regional center services? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

**If answered “no,” what changes could be made so that people control their own schedules, activities, and have access to food at any time.**

