

HCBS

COMMUNITY OF PRACTICE



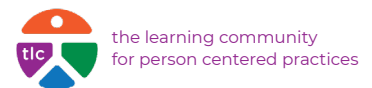
SESSION TOPIC: Building Decision-Making Capacity with Exposure, Experience, and Expertise

HCBS REQUIREMENT #2

Acknowledgements

Thank you to all who share a commitment to building a community where everyone can thrive.

This HCBS Community of Practice is made possible by funding from the Department of Developmental Services and the collaboration of the following organizations.



Explore Community of Practice resources at helensandersonassociates.com/hcbs-community-of-practice/

DECISION-MAKING AGREEMENT

What it does

The Decision-Making Agreement captures the important decisions that a person is making and how they want to be supported by them. It gives clarity over who makes the final decision. It breaks down information into three manageable sections: 'important decisions in my life,' 'how I must be involved,' and 'who makes the final decision.' The agreement helps us reflect on how decisions are made and who is making them.

How it helps

It helps us to think about how much choice and control a person has in their life and, if the balance is wrong, to make positive changes.

How to use it

When you are completing a decision-making agreement with a person, gather information from the person and use additional Person-Centered Thinking skills, to think together about the important decisions in the person's life. Once you have listed the decisions, then look at the process for making that decision and how the person can be supported to be at the center of decision-making.

Helpful questions to ask:



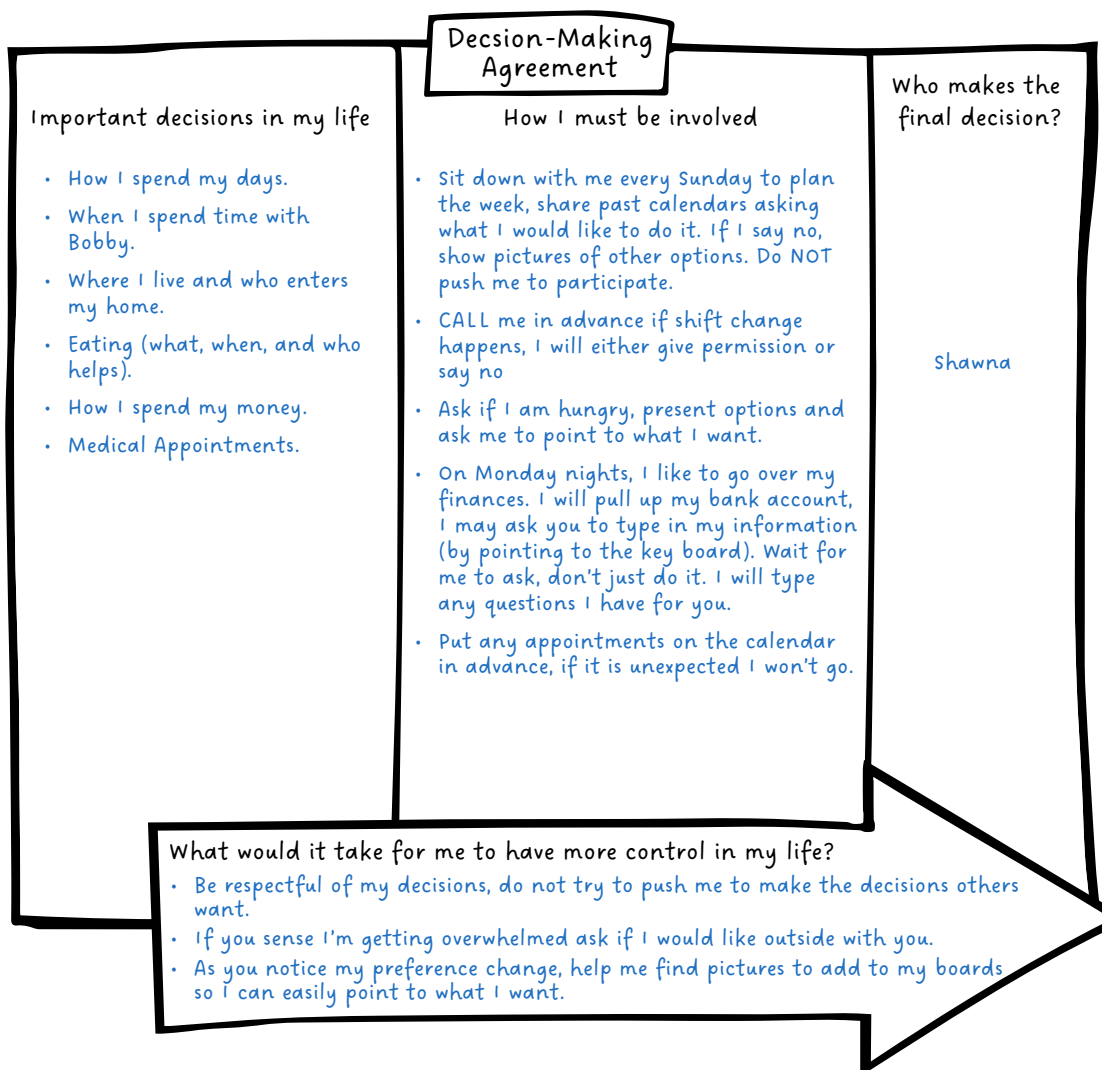
- Do I fully understand what is important to the person and their communication?
- Am I the best person to support this decision-making?
- Is the information I have and am giving the person relevant to the decision?
- Am I presenting it in a way that the person can understand?
- Am I giving the information in the right place and time?
- Have I given the person the best chance to make the decision themselves?



DECISION-MAKING AGREEMENT

Shawna's Decision-Making Agreement is based on what was learned from her Decision-Making Profile.

Shawna created a decision-making agreement based on what she shared in her decision-making profile. To support her in implementing her agreement, Shawna and Gwen created a communication board listing all the important things to her and pictures of her preferences (food, jewelry, activities, people, etc.) This way, staff can organize pictures they know she prefers and ask her to point them out. They also created a communication board with similar images on Shawna's tablet, with a separate board for activities, people, food, money, and appointment calendars.



DECISION-MAKING AGREEMENT

Decision-Making Agreement		
Important decisions in my life	How I must be involved	Who makes the final decision?
What would it take for me to have more control in my life?		

