

## How the Outcomes and Support Sequence delivers on Rights Based Approaches

Taking a human rights based approach is about making sure that people's rights are put at the very centre of policies and practices. The PANEL principles are one way of breaking down what this means in practice. These are:

PANEL Principles	The Outcomes and Support Sequence
<p><b>Participation</b> - People should be involved in decisions that affect their rights.</p>	<p>The Outcomes Sequence keeps the person and what matters to them at the centre of decisions about their life and their rights. It helps identify what barriers are getting in the way of the person living the life they choose. The Support Sequence then helps the person and the people around them to look creatively at ways to remove these barriers.</p>
<p><b>Accountability</b> - There should be monitoring of how people's rights are being affected, as well as remedies when things go wrong.</p>	<p>Step 3 of the Outcomes Sequence determines what is working and not working in the person's life including how their rights could be affected. This information influences outcomes that address what is not working for the person. The Support Sequence results in ideas that lead to action to address what's not working and move the person towards a future they want.</p>
<p><b>Non-Discrimination</b> - All forms of discrimination must be prohibited, prevented and eliminated. People who face the biggest barriers to realising their rights should be prioritised.</p>	<p>The Outcomes Sequence starts with understanding and celebrating what makes the person unique. This includes understanding protected characteristics and any barriers to the person fulfilling their rights. Outcomes are rooted in this person-centred information. The Support Sequence helps the person and those around them identify the steps to take to remove these barriers.</p>
<p><b>Empowerment</b> - Everyone should understand their rights, and be fully supported to take part in developing policy and practices which affect their lives.</p>	<p>The process of using the Outcomes Sequence and Support Sequence empowers the person to have a voice and to experience choice, voice and control over their lives and the support they receive.</p>
<p><b>Legality</b> - Approaches should be grounded in the legal rights that are set out in domestic and international laws.</p>	<p>The Outcomes and Support Sequence are grounded in best practice approaches and the legal rights that are set out in domestic and international laws.</p>