

How the Outcomes and Support Sequence delivers on Person-centred Risk Management

Person-centred Risk Management	The Outcomes and Support Sequence
<p>Involvement of people using services and relatives in risk assessment- Involving the person concerned and the people that care about them most is one of the most fundamental tenets of any person centred approach.</p>	<p>Step 1 of The Outcome Sequence asks 'Who matters to you', while step 4 of the Support Sequence explores how family, friends and neighbours can help. Any potential risks that arise from the process are discussed openly together.</p>
<p>Positive and informed risk taking- The process is built around a positive view of the person. It seeks to learn what the person's gifts and skills are, what people like and admire about them, as well as investigating what would be necessary to keep them and others safe while taking the risk.</p>	<p>Step 1 of the Support Sequence begins by asking what the person can do for her/himself. The solutions generated reflect what is important to and for the person.</p>
<p>Proportionality- The management of the risk must match the gravity of potential harm.</p>	<p>The solutions generated reflect what matters to the person while also focussing on keeping them and others safe and well.</p>
<p>Contextualising behaviour- Part of the process involves gathering together previous information about the person, including a history of the person's experience of the risk issue from their own perspective, as well as other historical data, gleaned from a variety of sources.</p>	<p>Before using The Support Sequence, a what's working and what's not working analysis is completed before the person is asked what has been tried and learned in the past.</p>
<p>Defensible decision making- Following the person centred approach generates a clear trail of written records of what has been discussed, the different perspectives, issues and solutions that have been considered, along with any legal issues.</p>	<p>The Support Sequence promotes a holistic approach to explore solutions that reflect the priorities at the time and deliver on the outcome..</p>
<p>A learning culture- A person-centred approach to risk has a deep emphasis within it on ongoing learning.</p>	<p>Step 2 of the Outcome Sequence ensures that we pay attention to what is working and what is not working for the person. Before using the Support Sequence the question, 'what has been tried and learned already' is asked.</p>
<p>Tolerable risks- A key aspect of the Person Centred Approach is that it uses creative thinking techniques around methods to mitigate the risk and improve quality of life.</p>	<p>The Support Sequence uses a simple 7 step process to encourage creative ideas.</p>

Based on work originally developed by Bates and Silberman 2007 and Helen Sanderson et al 2008