

Tips for supporting people to be involved in developing their outcomes



If understanding is difficult

- Prepare beforehand by using tools to gather information and inform conversations e.g. good day/bad day, my places, relationship circle etc
- Give processing time.



If talking is difficult

- Spend time preparing provide questions ahead of time using preferred method of communication
- Ask who they would like to support them



Best guess with integrity - hear from those people who know the person well and care about them.



Develop outcomes based on this information and then capture learning about what's been tried. Review in a timely fashion and gather What's working/not working about the outcome and whether it needs to be changed based on learning.



Consider if the person needs a 'cooling off' period? Knowing the person e.g. is this a person who agrees with something just to end the meeting or to please the people in the meeting. Consider who will be the best person to explain?



If decision making or choices are difficult

- Prepare in advance - what are the decisions and who will make them?
- Use a decision making profile to be clear about making choices and how to support
- Learn from actions and behaviours - how does that person show they are happy or unhappy with a choice?
- Be prepared to test out ideas and review learning



Keeping the person at the centre of their meeting if they are unable to participate.

- Ask people who know them well to take their best guess about the things they know matter to the person and what they would want present in their lives.
- Prepare information beforehand
- Use a slide show or pictures
- Play music they like
- Keep a photo of the person there for people to see



Here are a couple of videos about how this happened for Joe

<https://bit.ly/3EVxKZx>

<https://bit.ly/3F1rVdn>