

Just Enough Support Process

Are we prepared?

Who will be there?
Are we confident with the perfect week?
Does everyone know what to expect?



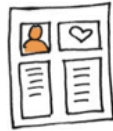
What information do we need for the Just Enough Support meeting?

Where are we now?

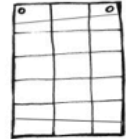
Add the support needed to the perfect week

?				?
	★	★		★
			★	

Now we are ready for the Personalized support schedule



One page profile



Perfect week



Relationship circle

Budget



Community map



Staff one page profiles

Daily support record

?						?

Perfect week

○	Monday			○
	Tuesday			
	Wednesday			
	Thursday			
	Friday			
	Saturday			
	Sunday			

In order to have the right amount of support for the perfect week what ideas do we have?

Do the ideas reflect what is important to the person as well as delivering Just Enough Support?

Ideas to test

Can family, friends and community help?	Can Assistive Technology help?	If not all of the ideas are possible what would staff do differently?
---	--------------------------------	---

Think about...

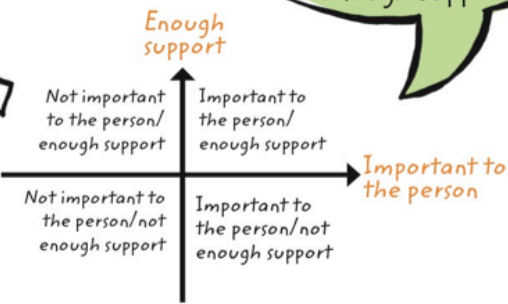
...building reciprocal relationships, exploring community resources and choosing and matching staff

What are our next steps?

Who?	To do what?	By when?
------	-------------	----------

What options will we try?

Option	Yes, maybe/try, yes or no	Reason
--------	---------------------------	--------



helen sanderson associates CANADA

www.hsacanada.ca

barbs@hsacanada.ca

705-773-9736