



# Julie's One Page Profile

## HSA Canada



### What people have said about me as a trainer/consultant

- \*Always an encourager; makes people feel at ease
- \*Recognizes and acknowledges people's strengths
- \*Dedication to professional growth
- \*'Unbashful' excitement over new things
- \*Proactive problem solving of real issues
- \*Outgoing, enthusiastic, and great energy

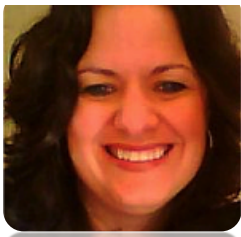
### What is important to me in our work together

- Hearing stories about the great things that are happening in people's lives as a result of person-centred approaches
- Ongoing learning and how it keeps me energized and excited – Learning from participants
- Challenging questions that make me think more deeply about what I am teaching/ coaching/ mentoring
- Knowing how you are doing with implementing what you are learning and how I can help. Knowing when you are not clear on something so I can support you in your learning
- 15 minutes alone time during lunch break to check emails and rebuild energy for the afternoon session (when we are in a group session)
- Ensuring that we are building upon your current best practices and to help you succeed and feel confident in moving forward
- Thinking strategically together so that our work will be sustained beyond my involvement and that positive changes happen in people's lives (information and learning transfer strategies)

### How to best support me as your trainer/consultant

- I work better with target dates. Let me know if the dates I suggest do not work for you and suggest another date but let's make sure that we always schedule the next steps.
- If something is not clear, ask me to clarify or to provide you with more information.
- I don't know what you don't tell me. Do ask for help and let me know how to best support you. I am quite flexible and want to meet your needs so please let me know what is helpful and what is not.
- Let me know if I'm not giving you enough resources or if you are feeling overwhelmed with information/resources.
- When you have questions about any of the resources, please take note of the book/website address/etc. and page number so that together we can go back to the 'passage' – this makes it easier for me to know the context of the information and provide better explanations.
- When traveling to a new place, I prefer taking a taxi or getting a ride rather than renting a car. This decreases my stress level. Once comfortable with the area, renting a car is fine as long as a GPS is available.
- Suggestions of good restaurants are always appreciated.





Julie Malette

## TLCPCP Board Profile



The Learning Community  
for person centered practices

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### Like and Admire

- Always an encourager; makes people feel at ease
- Recognizes and acknowledges people's strengths
  - Dedication to professional growth
  - 'Unbashful' excitement over new things
  - Proactive problem solving of real issues
  - Outgoing, enthusiastic, and great energy

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### What's Important To Me

- Making a difference in people's lives through the use of person centred thinking and practices in my work and my personal life
- Supporting the growth of TLC in Canada and internationally and ensuring that all voices are represented at the table
- Meeting regularly as a team so that we know each other better and can better support each other as Board members
- Walking the walk as a Board in what we do and how we do it by supporting each other use person centred thinking and practices in our meetings and by supporting each other share our contributions
- Visioning together and focusing on the possibilities / big picture and what we are trying to accomplish
- Ongoing learning and how it keeps me energized and excited - learning from you and learning together
- Being prepared before meetings and understanding what is expected of me - due dates are helpful
- Having time to ponder before making significant decisions
- That we are comfortable asking questions, share different perspectives and challenge each other, no matter how difficult this may be at times

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### How To Best Support Me

- When getting involved with something new I ask many questions. It is not to judge or question current practice - it's more of a need to understand how things work and what is expected of me
- My excitement and enthusiasm about new projects gets the best of me at times. If I seem to be volunteering myself or overly encouraging any of you, let me know that I am underestimating the amount of work or time needed so that we can set better timelines
- Although I come across as being well organized, it is more at the front end of things - my memory is not the greatest. I welcome reminders and nudges (text, email, phone) if you are waiting on me for something
- I get distracted easily, especially with details and stories/examples - this sometimes makes me forget what the original question or topic of discussion was. Having clear agenda items and desired outcomes written and available to refer back to is helpful in keeping me focused during meetings
- I want to be supportive to you my fellow board members so please let me know what I can do to be most helpful