Introduction

As the impact of the economic downturn, and the dwindling public finances from the credit crunch, hit public services in the UK, there is a growing pressure, that all of us will experience, of reducing funding over the coming years, and possibly longer.

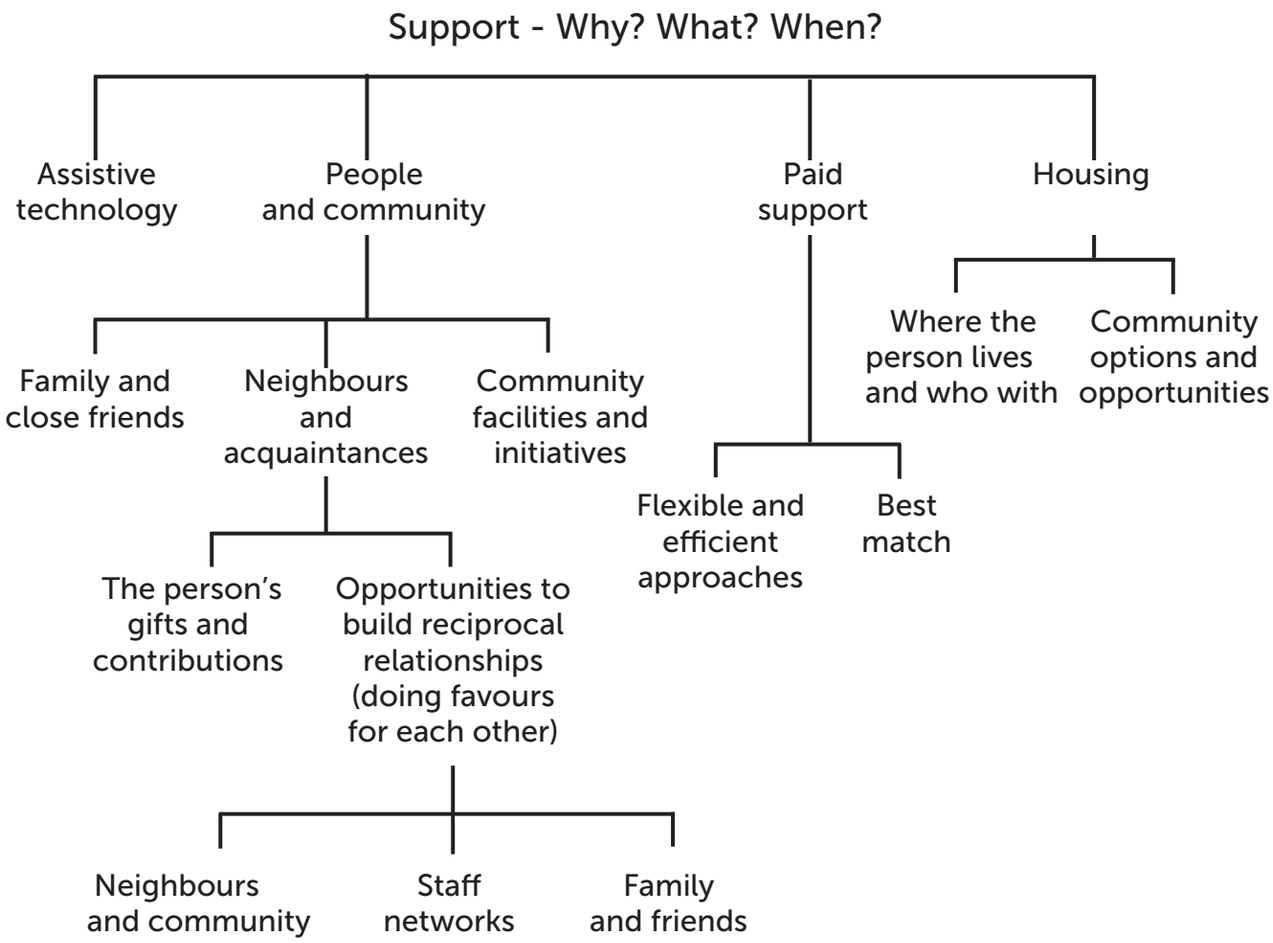
Over the years we have provided support to people in a way that has, at times, been a barrier to them gaining independence and fully contributing to their community. In the current climate a number of questions to consider are:

- How do we develop alternatives to just paid support for people?
- How do we continue to develop individually designed services at a time of reduced formal support?
- How do we stay true to our values and principles whilst moving forward?

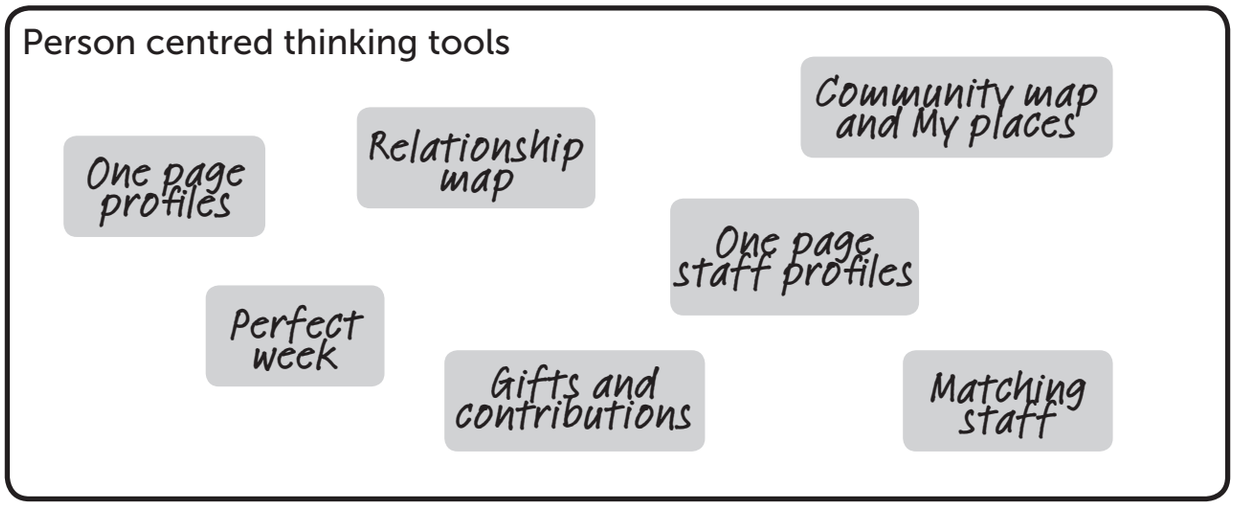
Providing enough support is a complex process that requires different thinking. Using this workbook in partnership with others is one way to move forward.

Ideas

Process



Person centred thinking tools



One page profile

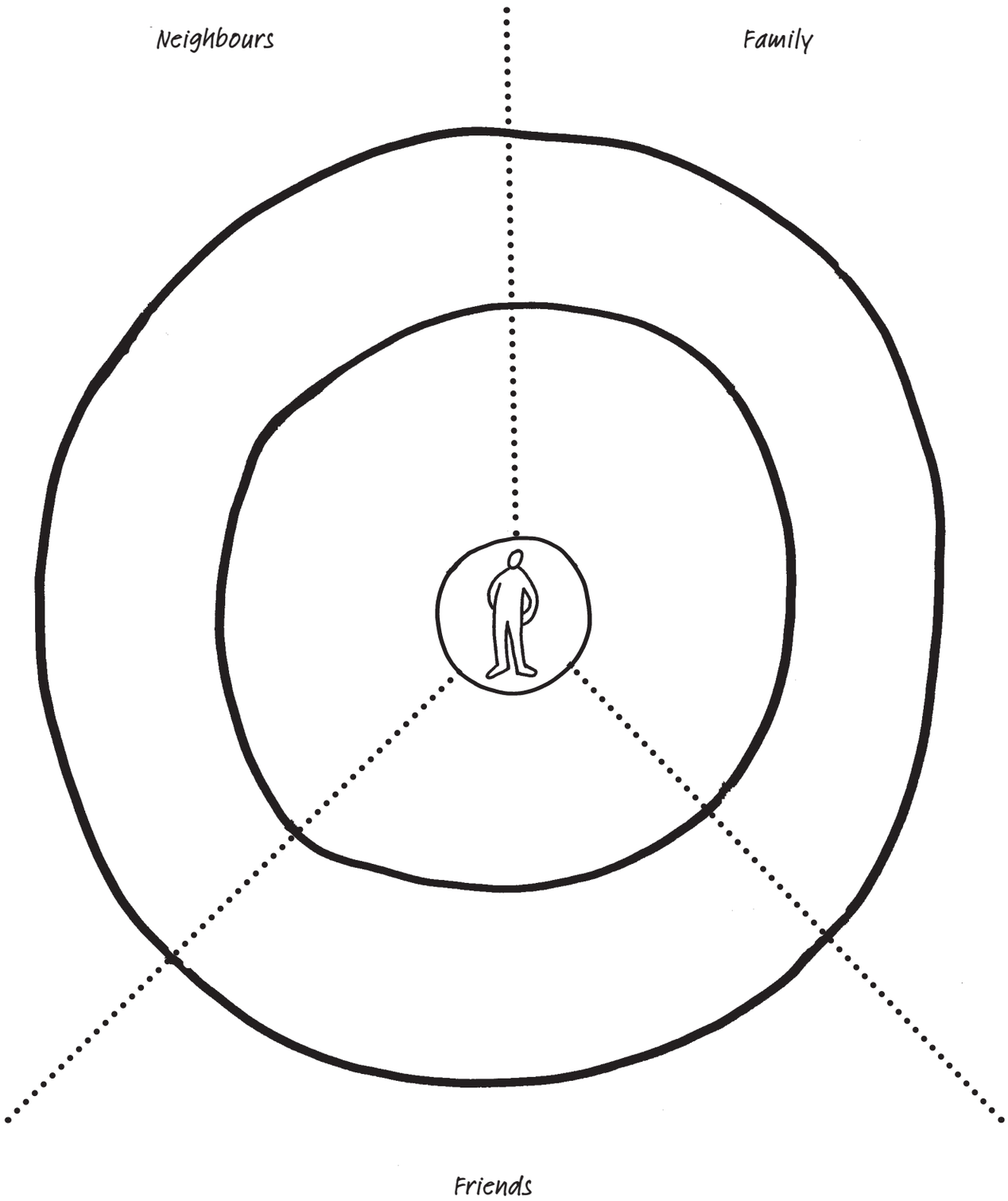
Me

What people like and admire about me...

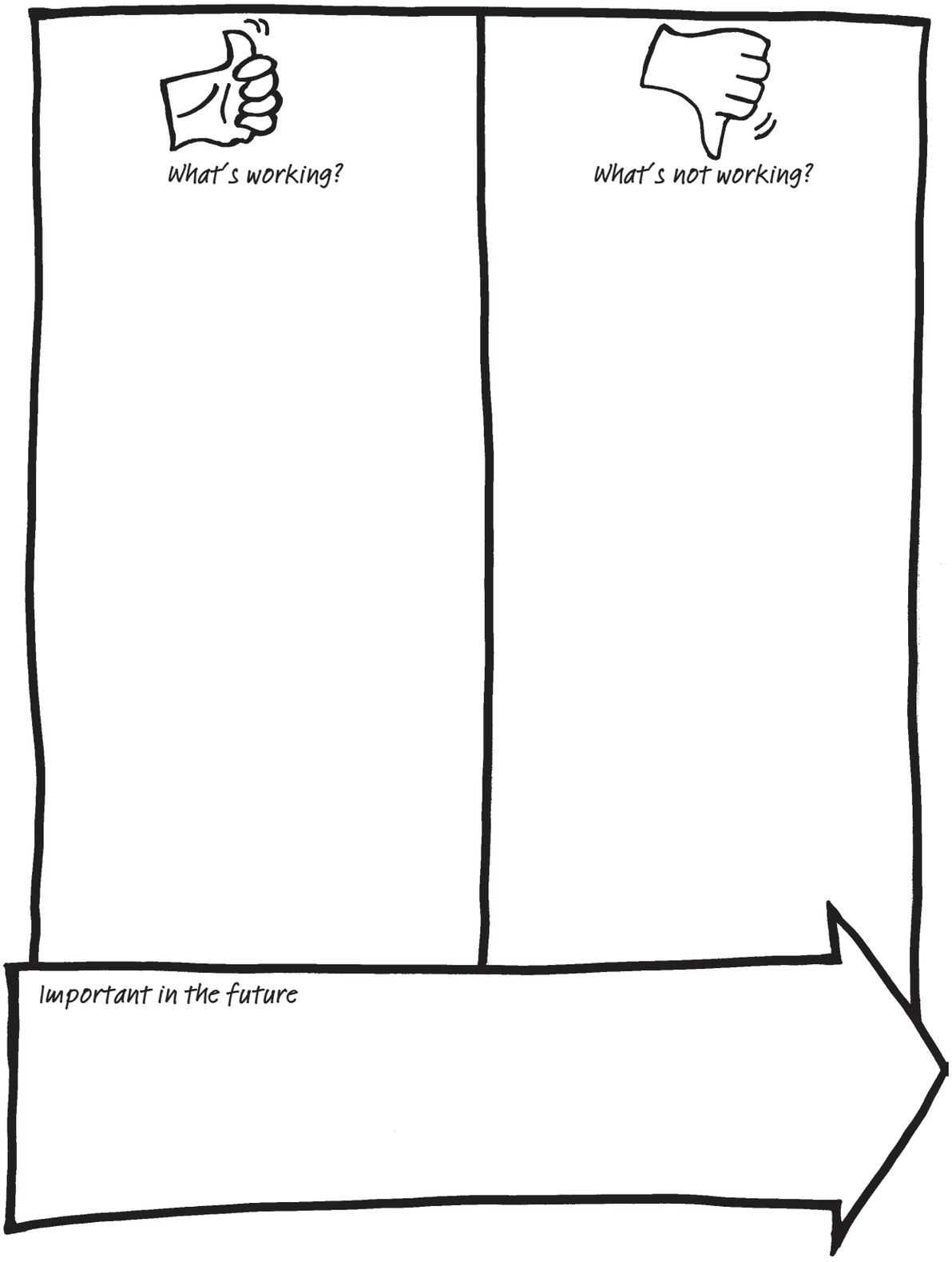
What's important to me...

How best to support me...

My relationships



What's working and not working in the person's life now



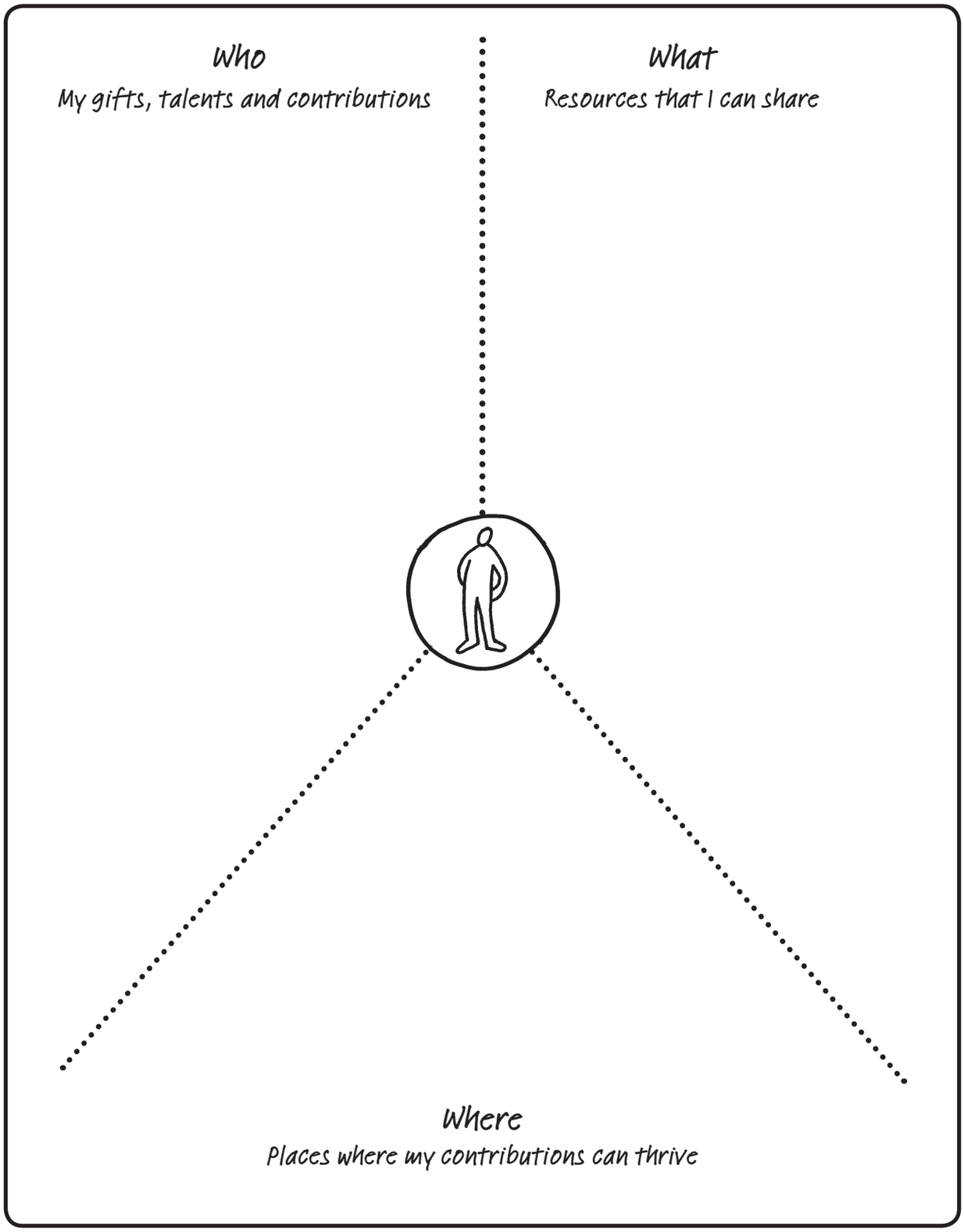
Hours: Budget:

Time. One hour at a time throughout the day	What the person does	No support	Natural or support in volunteers
7.00am			Actual
8.00am			
9.00am			
10.00am			
11.00am			
12.00am			
1.00pm			
2.00pm			
3.00pm			
4.00pm			
5.00pm			
6.00pm			
7.00pm			
8.00pm			
9.00pm			
10.00pm			
11.00pm			
12.00am			
1.00am			
2.00am			
3.00am			
4.00am			
5.00am			
6.00am			

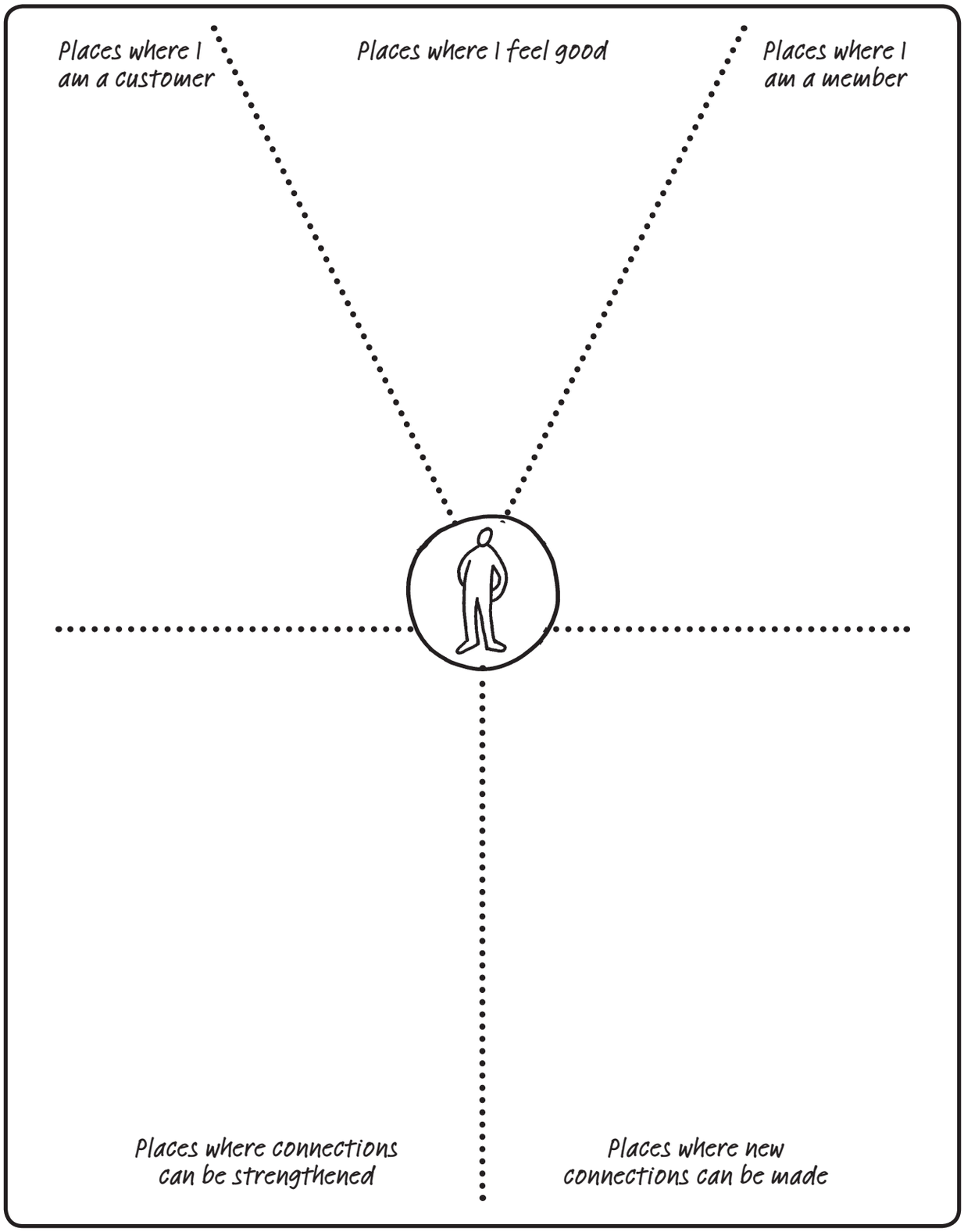
Support daily record

unpaid cluding	Assistive technology used		Paid support		Reasoning
Possible	Actual	Possible	Actual	Possible	

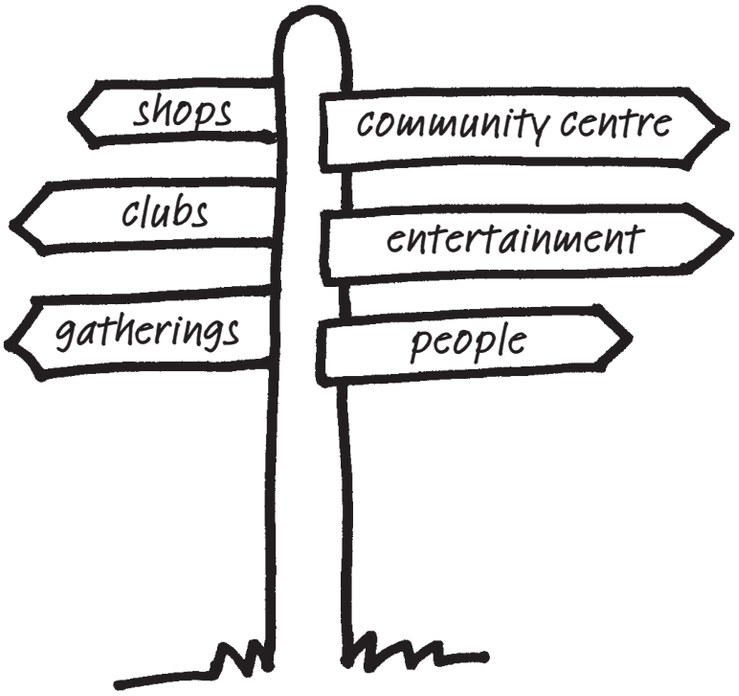
Gifts and contributions



Places and people



My community



Discovers what is unique about your community.

Finds the centre of the community and where the third places are.

Finds out what people do for fun together.

Discovers where people feel valued and welcomed.

Identifies the various organisations and networks in your local community.

Matches the person's interests with what is present in their community.

Community map

5 reciprocal things

First steps

1.

2.

3.

4.

5.

Perfect week

	morning	afternoon	evening
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

Matching support

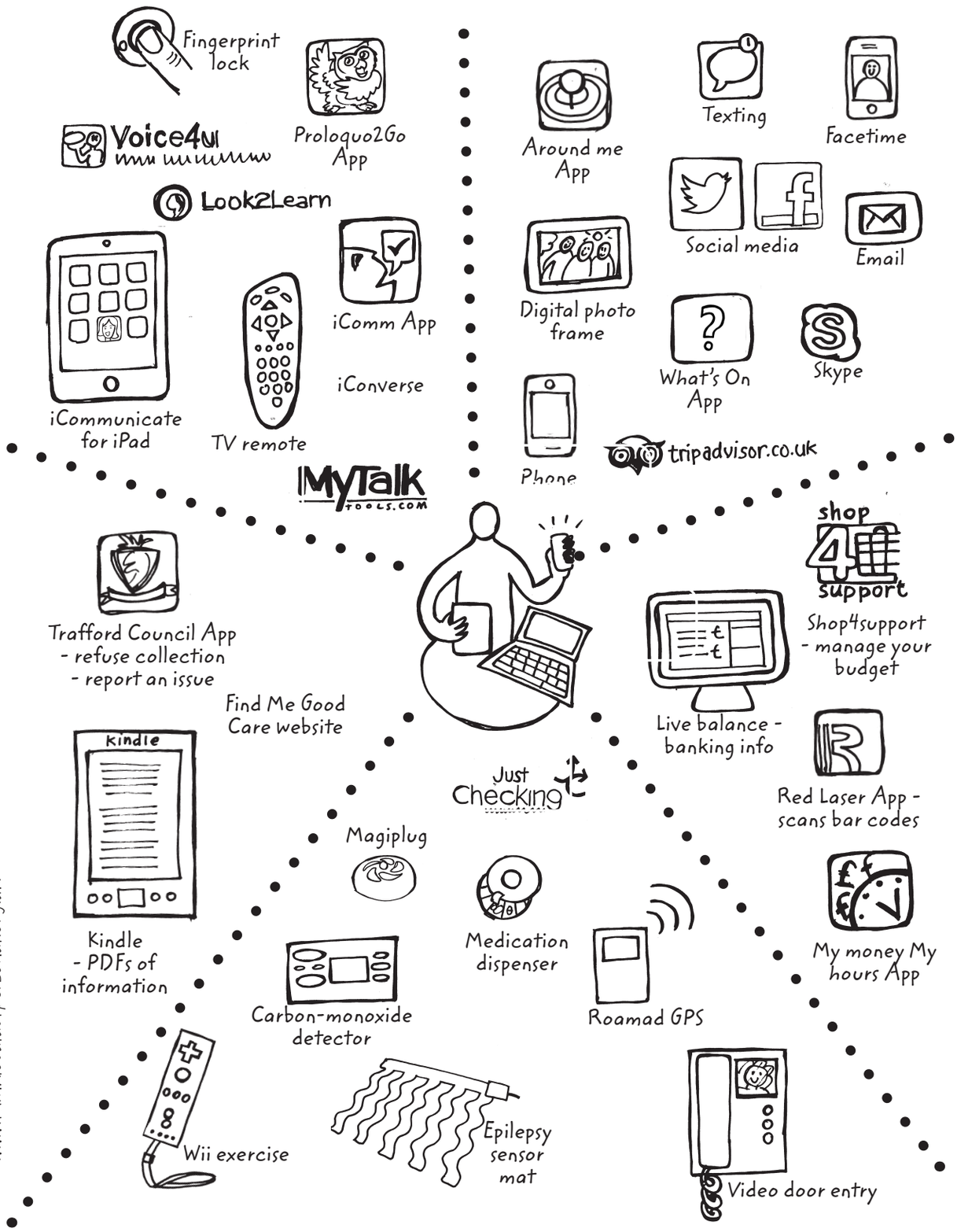
Skills needed

Support needed and wanted

Personality characteristics needed

Shared common interests

From Apps to assistive technology
How can people live their perfect week?

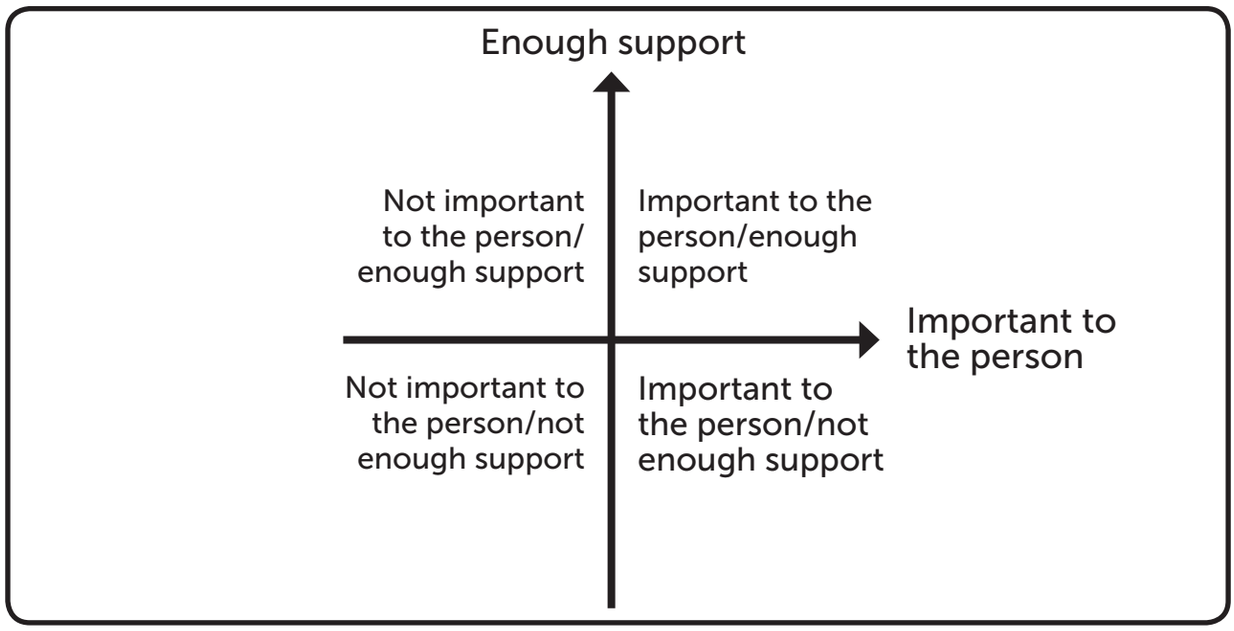


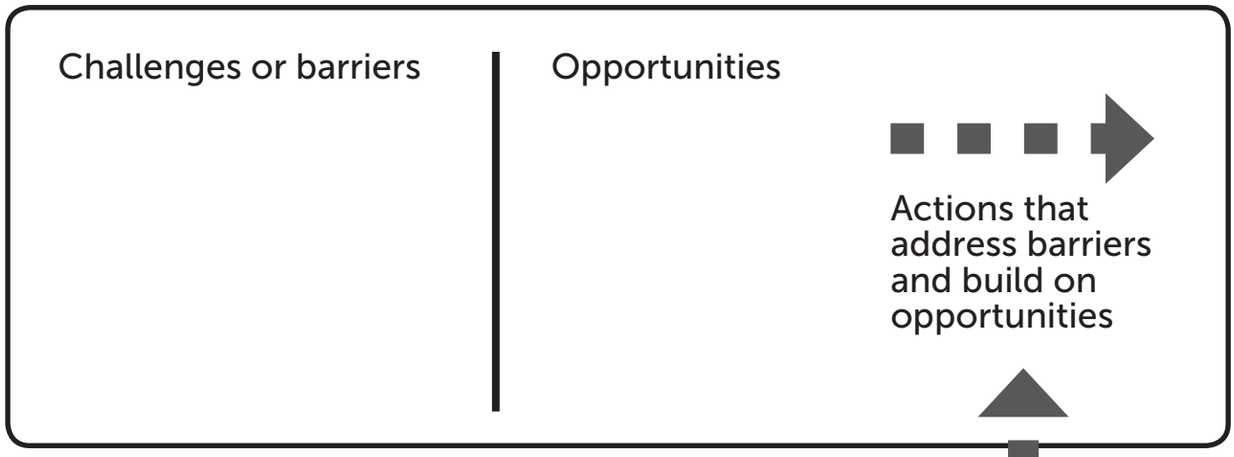
The headings were adapted from TLAP's Markers for Progress
www.thinklocalactpersonal.org.uk

Ideas to test

In order to have the support required for the perfect week, what ideas do we have?		
Assistive technology	*Friends, family + community*	*If neither of these are possible, what would staff do differently?*

Ideas to action





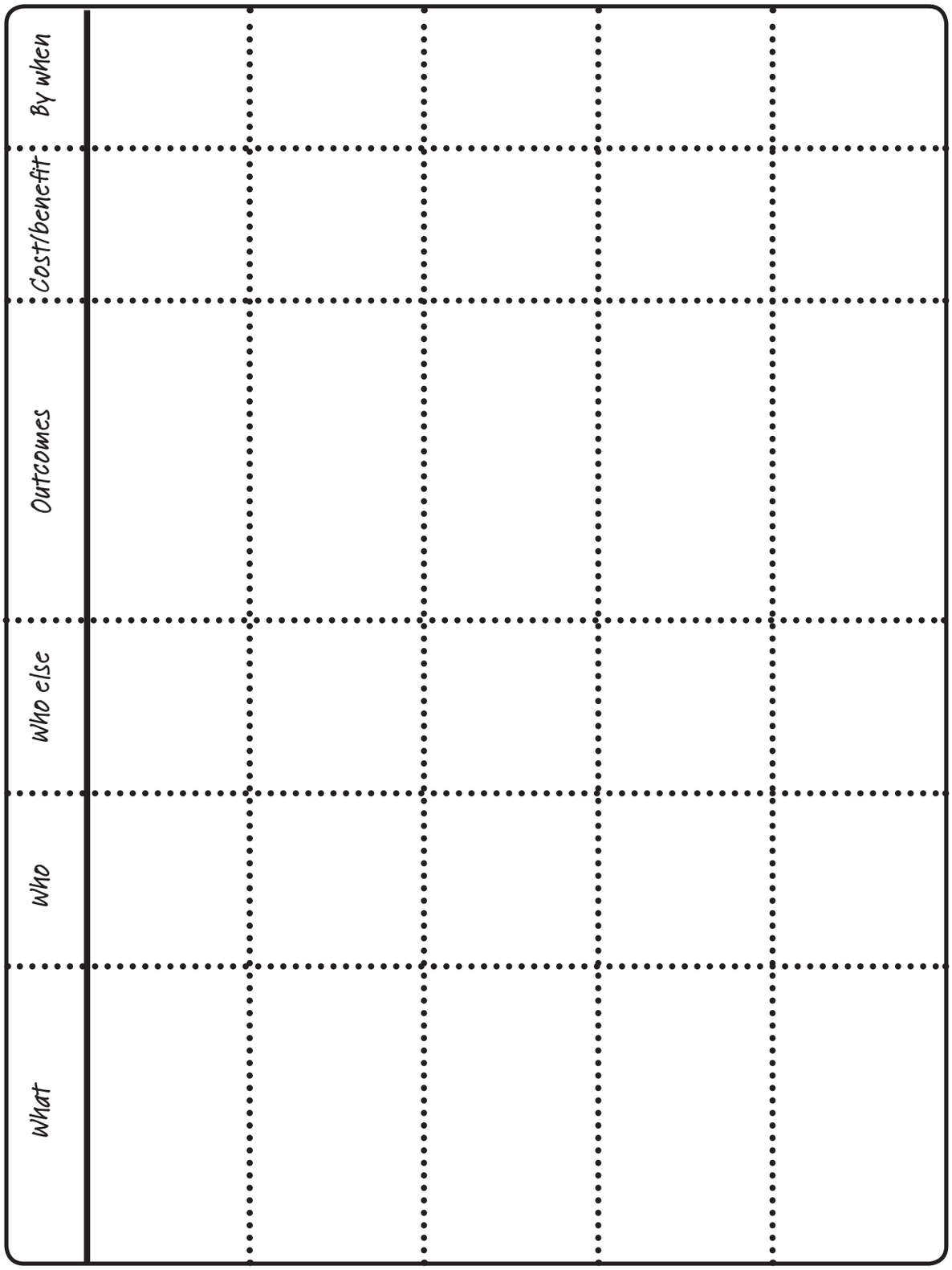
What will the impact be on:

- Money and resources?
- Policies and procedures?
- Training and support?
- Culture and morale?

What options will we try?

Option	Yes, maybe/try, yes or no	Reason

Next steps



Notes