

# Values and Principles of Person Centred Approaches

## Values

- Belonging through a variety of relationships and memberships.
- Contributing by discovering, developing and sharing gifts and investing energy in meaningful activities.
- Sharing ordinary places and activities with other citizens, neighbours, friends, classmates and co-workers.
- Real community connections and relationships that are reciprocal
- Supports facilitate and support real relationships and not act as paid friends

## Principles

- Strengths-based - builds on the strengths, gifts, abilities and interests of the person.
- Person-driven - the person drives the process.
- Sustainability - the process considers avenues that can be pursued over the long term
- Accountability - there is ongoing review, evaluation, monitoring and modification to support personal goal attainment.
- Shared power
- Self determination