

Robert



What people like and admire about me...

- Robert is very chilled-out and relaxed
- Robert has a very dry and funny sense of humour
- Robert is a brilliant dancer
- Robert is smart. He's very good at reading situations
- Robert is very generous. He'll do anything for you.

What is important to me...

- Robert is very close to his girlfriend, Jules. He makes plans to meet with her 3 or 4 times a week.
- Roberts family are important to him. He sees his mom, Carol, every Sunday, and will go to see the Blue Jays play at home with his brother, Simon, every 2 or 3 weeks.
- Robert has clear boundaries between what are his own and his supporter's responsibilities. Most important is that when he is with college friends he is left alone. Robert describes this as "my time".
- Dancing is in Robert's DNA. He finds it exhilarating and a great way to meet friends. Robert dances in local nightclubs every Friday night and lots at home! A good wheelchair that he can control easily - especially when dancing.
- Relaxing - there are times when Robert just wants to chill. This is normally on the sofa with a cup of tea and some chocolate, watching a movie or his old Laurel and Hardy DVD's. Vacations with Jules.
- Both Robert and Jules have family in Ireland and they like to get over there at least once every two years. They stay with Jules' Auntie Sinead and Uncle Des.

How to support me well...

- If you have something to say, say it. Robert does not like secrets and can tell if something is being kept from him.
- Know the boundaries, Robert has them written down. Robert appreciates company but when he is doing his own thing, it's just that.
- Help Robert plan his schedule. Robert has a busy life and arrangements can get ahead of him. Every Sunday evening make time to organize his schedule together.
- Robert uses a wheelchair, which takes quite a pounding when Robert is dancing. It requires daily checks to maintain its levels of safety and performance.
- When Robert is with Jules or his friends don't assume you are invited. Robert is very generous and friendly but sometimes feels like having a supporter around is a bit like having a guard or chaperone.
- Robert uses an iPad to say more complex things and hold longer conversations with people. It is essential he has this with him when out.
- Relax, have a great time. Although there are some rules in place, Robert loves a good laugh and tries to enjoys life with most of the people he meets.