




TITLE: **Rituals and Routines**

SUBTITLE: Upholding Dignity and Privacy: Respectful Rituals and Routines

SUGGESTED TIME: 35 minutes

MATERIALS NEEDED: Activity packet for each team member, pens, blank paper or large post-it paper

LENGTH	TITLE	ACTIVITY	WHAT YOU CAN SAY
2 min	<p>Welcome</p> 	<p>Connecting your team to the purpose of today's video</p> <p>HOW TO DO IT:</p> <ul style="list-style-type: none"> • Gather your team around a screen so they can see and hear the video. • Print the activity packet for each team member. 	<p>"Hello everyone! We are going to take some time to look at a resource that will support HCBS Requirement #3 and help us understand what matters to person when we provide support.</p> <p>This video is going to introduce us to a skill that will supports us in learning and sharing what rituals and routines that are important to people. This will also give us an opportunity to identify ways we can provide culturally appropriate support ."</p>
13 min		<p>Play Video</p> 	
15 min	<p>Partner Activity</p> 	<p>Identify the rituals and routines that are important to someone you support.</p> <p>HOW TO DO IT:</p> <ul style="list-style-type: none"> • Hit the next button at the end of the first video. • Ask each person to identify three areas on the Routines and Rituals template on page 6 to complete • Ask each person to also star or circle three areas they are unsure about • Partner your team into pairs and have them share which were easy, which were difficult, and how might you discover answers to these areas. • Ask each partner pair to share, writing down the suggestions for discovering routines and rituals on a large paper. 	<p>"Let's take a moment to work individually on filling out the Routines and Rituals on page 6.</p> <p>Thinking of one person you support, identify three areas that you know and fill them out with as much detail as possible. Once you are done, either star or circle three areas that you may be unsure about."</p> <p>After 5 Minute</p> <p>"Let's take a moment to get into partners, so we can discuss what you filled out. With your partners, share which areas of the Routines and Rituals were easy to fill out? Also share which ones were difficult and how you might discover the answers to those areas."</p> <p>After 8 minutes</p> <p>"After talking with your partner, did you find find that the areas you completed or starred were similar? What were some of the ideas that you came up with to discover someone's routines and rituals?"</p> <p>Ask Each Pair to Share</p>

3
min

Play Video



2
min

**What's
Next**



SUGGESTED NEXT VIDEO: HCBS Requirement #7

